

WELCOME TO THE UK!

THE BEST
POSSIBLE YOU
MADE POSSIBLE
IN THE UK.



STUDY UK



WHAT WE'LL COVER TODAY

- About myself
- University Life
- Studying
- Halls
- Pre-arrival & arrival checklist
- Living in the UK
- Tips & Tricks

Chuckie Fung

University of Nottingham

About myself

- 2011-2014: Local junior secondary school curriculum at **St. Stephen's College (SSC)**
- 2014-2015: IBDP Bridging Course (SSC)
- 2015-2017: IBDP (SSC)
- 2017-2022: Masters of Pharmacy (MPharm) with Integrated Pre-registration Scheme at the **University of Nottingham**



University Term Schedule

- 2 – 3 academic terms
 - Usually begins end of September/start of October
 - Third term usually has little to no learning – mainly for revision
- Shorter terms, longer holidays
 - Christmas, Easter (1 month)
 - Summer (3-4 months)

Terms

- **Autumn Term:** Monday 20 September 2021 – Friday 17 December 2021
- **Spring Term:** Monday 10 January 2022 – Friday 8 April 2022
- **Summer Term:** Monday 2 May 2022 - Friday 17 June 2022

Semesters

- **Semester one:** Monday 4 October 2021 - Friday 28 January 2022
- **Spring Semester:** Monday 31 January 2022 - Friday 17 June 2022

Examinations

Autumn semester

Monday 17 January 2022 to Saturday 29 January 2022 – including Saturday 22 January 2022

Spring semester

Monday 16 May 2022 to Saturday 04 June 2022 – including Saturday 21 May and 28 May 2022

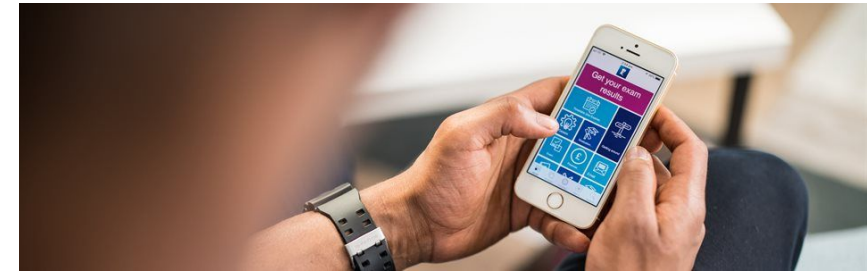
Late summer resits

Monday 15 August 2022 to Wednesday 26 August 2022 – including Saturday 20 August 2022

Studying

- **You're in charge!**
- Very different from high school and sixth form
- Reading weeks
- Own unique timetable (access via app or online portal)
 - E.g., MyNottingham app
 - Lectures, workshops etc
- COVID-19: Mix of in-person and online teaching/all online teaching (depending on your course)

Back	MyTimetable	Go	Back	MyTimetable	Go
<	Monday, 29 January 2018 - Sunday, 04 February 2018	>	<	Monday, 29 January 2018 - Sunday, 04 February 2018	>
Monday, 29 January 2018			Wednesday, 31 January 2018		
09:00	Introduction to B31DYS - L...	>	09:00	E3: Acid-base chemistry an...	>
11:00	NMS-MEDSCH-A3-(LT3)+		10:00	NMS-MEDSCH-A4-(LT4)+	>
11:00	E1. Fundamental chemical c...	>	10:00	G2. Responding to sympto...	>
12:00	NMS-MEDSCH-A3-(LT3)+		11:00	NMS-MEDSCH-A4-(LT4)+	>
13:00	B1. The pharmacology of d...	>	11:00	Introduction to Case Study...	>
14:00	NMS-MEDSCH-A3-(LT3)+		12:00	NMS-MEDSCH-A4-(LT4)+	>
14:00	Preparation for practicals -...	>	12:00	B3. The upper GI tract 2 - L...	>
16:00	NMS-MEDSCH-A3-(LT3)+		13:00	NMS-QMC-S_BLK-C1052+	>
Tuesday, 30 January 2018			Thursday, 01 February 2018		
10:00	E2. Acid-base chemistry an...	>	09:00	G3. Responding to sympto...	>
11:00	NMS-MEDSCH-A1-(LT1)+		10:00	NMS-MEDSCH-A4-(LT4)+	>
11:00	G1. Responding to sympto...	>	10:00	D2. Medicines: physicoche...	>
12:00	NMS-MEDSCH-A3-(LT3)+		11:00	NMS-MEDSCH-A4-(LT4)+	>
13:00	C1. The biology of dyspepsi...	>	11:00	B4. The upper GI tract 3 - L...	>
14:00	NMS-QMC-S_BLK-C1052+		12:00	NMS-MEDSCH-A4-(LT4)+	>
14:00	D1. Medicines: physicoche...	>	13:00	Case study 1 - Workshop	>
15:00	NMS-MEDSCH-A4-(LT4)+		15:00	UP-ESLC-A09+,UP-ESLC-B02+,UP-E...	>
15:00	B2. The upper GI tract 1 - L...	>	Friday, 02 February 2018		
16:00	NMS-MEDSCH-A4-(LT4)+		09:00	D3. Medicines: phvsicoche...	>
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Accommodation

- Catered halls
- Self-catered halls
- Private accommodation
 - Unite Students
 - Host.
 - IQ Student Accommodation
 - Vita Student

Book your accommodation early!

Accommodation deadline

- **Home students:** 12 June 2021
- **International students:** 2 August 2021



Sherwood Hall

University Park



Catered



En-suite and shared bathrooms



Accepts Undergraduate students



St Peter's Court

Off campus, close to Jubilee



Self-catered



En-suite bathrooms



Accepts Postgraduate and Undergraduate students



Society experience

- ❖ *General Secretary of UoN UNCSS (2018-2019)*
- ❖ *Member of School of Pharmacy Mock OSCE Project Team (2019-present)*

- Students' Union
- Hong Kong-related Societies
- Course Societies, e.g., Pharmsoc
- Freshers' Week: get to know all societies and sign up for membership



Part-time job/volunteering

- ❖ *Dispensing Assistant at Trust Pharmacy, NUH NHS Trust (Jan 2021-present)*
- ❖ *Dispensing Assistant at Carrington Pharmacy (Jan 2020-present)*

Tier-4 Student Visa restrictions for international students to work in the UK (including paid or unpaid work for one or more organisation)

- Courses below degree level (e.g., a Foundation or Pre-Sessional course): no more than 10 hours/week in term-time
- Courses at a degree level: no more than 20 hours/week in term-time
- Paid: apply for National Insurance (NI) number

Keep an eye on emails/updates from the University's Careers and Employability Service and your School, arrangement appointments to speak to advisor/tutor/academic

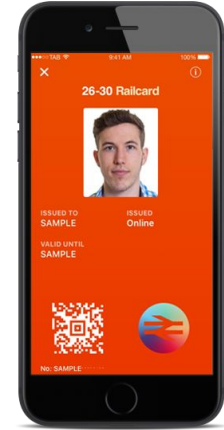
Expenses: Shopping

- **Groceries:** Tesco, Sainsbury's, Lidl, Aldi, ASDA, Morrisons, Co-op, M&S, Waitrose
- **Stationery & Books:** WHSmith, Waterstones, Blackwell's
- **Health & Pharmacies:** Boots, Superdrug
- **Furniture & Appliances:** Wilko, IKEA, Argos
- **Cheap Goods:** Poundland, Primark, B&M, Wilko
- **Popular Chain Restaurants:** Nando's, JD Wetherspoon, McDonald's, Dominos, Wagamama
- **Asian Supermarkets:** Orientalmart, Seoul Plaza, JapanCentre
- **Online:** Amazon

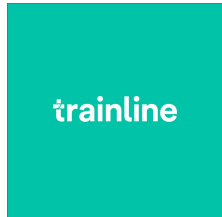


Useful Apps

- **Student discounts:** UNiDAYS, Student Beans
- **Travel:** Trainline, Uber, National Express, Tube Map, Local transport
 - 16-25 Railcard: £70 for 3 years and save $\frac{1}{3}$ off rail travel
- **Takeaway:** Deliveroo, Hungry Panda
- **Online Banking:** Monzo, Starling, Normal banks (HSBC, Barclays)



Always check for student discounts before you buy anything (online/in-store)



Packing tips

Hand-carry

- Documents
 - Passport, VISA, flight information, CAS, insurance
- Money
 - Cash (at least enough for the first month)
 - Set up an UK account preferably in HK
- Electronic devices

Check-in

- Clothing (note: UK weather is cold and rainy)
- Skincare, haircare
- Home comforts
- Things you can't buy in UK
- Food from home

Don't overpack! You can buy most things in the UK!

Things to buy in UK

- Stationery
- Toiletries
- Household items
- Cooking utensils
 - Rice cooker! (or you can bring it instead)
- Course materials
- SIM cards (Three, Vodafone, Orange, O2, Virgin Mobile, giffgaff)
 - Many offer student discounts (e.g., £16/month for 30GB)
 - Compare for deals, coverage, monthly contract vs pay-as-you-go

Tips & Tricks

- Don't be shy to meet new friends!
- Enjoy First year! It is all about getting used to Uni life and explore
- Meal prep (saves you a lot of time especially during exam periods!)
- Cooking with friends is fun and saves money too!
- You don't really need to use cash in the UK but it's good to keep some in your wallet just in case
- Apple Pay/Google Pay

